

A project of Anaconda Deer Lodge County Head Start - Family Services

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Emergency Contacts & Hotlines

IN CASE OF EMERGENCY CALL 911

Crisis Text Line	Text MT to 741-741
Suicide Hotline	1-800-273-8255
Nat'l Center for Missing & Exploited Children	800-843-5678
Nat'l Child Abuse Hotline	800-442-4453
Nat'l Depression Hotline	800-544-1177
Nat'l Domestic Violence Hotline	800-655-7867
MT Domestic Violence Hotline	800-655-7867
Nat'l Health Information Center	800-336-4797
Nat'l Sexual Assault Hotline	000 /5/ //50
Nat t Sexual Assautt Hottine	800-656-4673
Nat'l Teen Dating Violence Hotline	800-656-4673 866-331-9474 or text "loveis" to 77054
	866-331-9474
Nat'l Teen Dating Violence Hotline	866–331–9474 or text "loveis" to 77054
Nat'l Teen Dating Violence Hotline Nat'l Drug Hotline (Center for Substance Abuse Treatment)	866–331–9474 or text "loveis" to 77054 800–662–4357
Nat'l Teen Dating Violence Hotline Nat'l Drug Hotline (Center for Substance Abuse Treatment) Poison Control	866-331-9474 or text "loveis" to 77054 800-662-4357 800-222-1222





Be Strong

Resources, local support, intervention, & programs that strengthen mental, emotional, and relational health.

butte4cs.org

Local childcare resource and referral agency

Suicide Safety Plan

Designed to support those with suicidal thoughts and help prevent suicide by developing a plan to help guide you through difficult moments.

zerotofive.org

Provide families the tools they need from pregnancy all the way to their child's first day of school.

I Am Sober

Tracks sober days, helps build new habits, and provides ongoing motivation.

dphhs.mt.gov

Applications for state provided services and resources.

CDC's Milestone

Tracker

From 0-5 your child should reach milestones in how he or she plays, learns, speaks,

acts, and moves.

kids.usa.gov

Great directory of resources every parent should bookmark.

TalkLife

Mental health support community. Get on TalkLife and talk to other people going through the exact same struggles you are.

mentalhealth.gov

One-stop access to U.S. government mental health problems information.

The Happy Child – Parenting App

Grants access to cutting-edge research and tips that will help you raise a happy, well-adjusted child.

mhaofmt.org

Mental Health America of Montana – advocacy and education for mental health organization.

After School Youth Program

- yes! Youth Empowerment Services
 - o Phone: (406) 490-1883
 - Address: 221 Oak St. Anaconda, MT 59711
- ❖ YEG! provides after school and summer program for grades PK 12.

Activities focus on skills needed to be successful adults:

- Work skills/ethics
- Skills of daily living
- Building healthy relationships Healthy recreation habits Taking responsibility of our own actions We also stress community service to give back to our community. CALIFORN

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Childcare



- o Phone: (360) 708-1019
- Address: 706 Chestnut St. Anaconda, MT 59711
- Hours of Operation: Monday Friday, 8:00AM 5:00PM
- Provides childcare to children ages 0 12. This licensed, insured facility is a home-based program that strives to maintain low child-to-education ratios. They offer a spacious outdoor play area and follow a curriculum-led, play-based program. Copper Kids Childcare provides breakfast, lunch, and dinner.



- o Phone: (406) 565-6020
- Address: 1016 W 4th St. Anaconda, MT 59711
- Hours of Operation: Monday Friday, 6:30AM 5:30PM
- Provides care to children of all ages. This licensed, insured facility is a group in-home program. They accept Best Beginnings scholarships and are a part of the CACFP food program.



- Phone: (970) 688-0305, (720) 936-3198
- Address: 117 E 3rd St. Anaconda, MT 59711
- Hours of Operation: Monday Friday, 7:30AM 5:30PM
- Provides care to children 2 6 years old. This facility has spacious indoor and outdoor areas to facilitate activities and play. Sunny Days operates using the Reggio Emilia principles, which is an educational philosophy and pedagogy focused on pre-school and primary education.



HEAD START

Anaconda - Deer Lodge County

- o Phone: (406) 563-8445
- Address: 317 W 4th St. Anaconda, MT 59711
- Hours of Operation: Monday Friday, 8:00AM 3:00PM
- Provides care to children 3 5 years old. This Stars to Quality facility provides spacious indoor and outdoor environments to facilitate activities and play. They utilize creative curriculum and conscious discipline as the foundation of their teaching strategies. ADLC Head Start is part of the CACFP food program and offers breakfast, lunch, and PM snack.



- o Phone: (406) 560 1342
- o Address: 229 E Commercial Ave Anaconda, MT 59711
- Hours of Operation: Monday Friday, 7:45AM 5:00PM
- Provides quality care for your active growing child. Their philosophy is to focus on your child's unique abilities and potential.

Childcare Resource & Referral Agency



o Phone: (406) 723-4019

O Address: 101 N. Main St. Butte, MT 59701

Hours of Operation: Monday - Friday, 8:00AM - 5:00PM

❖ Local childcare resource and referral agency serving southwest Montana. Their organization provides a broad range of programs and services to meet the increasing needs of children and families.



Children & Adults With Disabilities



o Phone: (406) 563-8117

Address: 205 E. Park St. Anaconda, MT 59711

Statewide nonprofit organization that offers quality, community-based support for people with mental health and/or developmental disabilities. They serve all 56 counties in MT.



o Phone: (800) 762-9891

o Address: P.O. Box 4210 Helena, MT 59620

o Email: cshs@mt.gov

CSHS works to help children and families in MT receive the healthcare and supportive services they need to live happy, healthy lives in their communities. This is done through programs that help educate families and providers, connect families to needed resources, and provide care for children and youth (0-21) throughout the state.

Children & Adults With Disabilities Cont...



o Phone: (406) 494-1242

o Address: 641 Sampson St. Butte, MT 59701

o www.familyoutreach.org

Family Outreach's primary purpose is to provide services to children and adults with disabilities. They provide support and education to children, adults, and families to help keep families intact, prevent out of home placements and when that is not possible, to provide foster placements that support continuing family relationships.



Coalitions

ACI, Inc.

- o Phone: (406) 559-0249
- O Address: 118 E 7th St., Ste. 2D, Anaconda, MT 59711
- * MISSION: To provide a means for the education of parents, students, teachers, and the community about chemical use, abuse, and dependency. Also, to create an understanding of the purpose of prevention, intervention, treatment, and aftercare.

Pintler Suicide Awareness & Prevention

- o Phone: (406) 691-0332
- O Address: P.O. Box 487 Anaconda, MT 59711
- This program is dedicated to education and awareness of mental health needs. Members teach quarterly programs that enhance a person's understanding and ability to be present when a friend or relative needs support.

MT Coalition Against Domestic & Sexual Violence

- o www.mcadsv.com
- o Organization operating in Helena, MT
- Coalition of individuals and organizations working together to uproot violence and oppression to end domestic and sexual violence in MT. They envision a MT that honors individual dignity and celebrates diversity, equality, and peace.

Continuing Education

Anaconda Adult Learning Center

- > Phone: (406) 560-3567
- Address: 401 Main St.

Anaconda, MT 59711

 Hearst Free Library, upstairs.

ANACONDA ADULT LEARNING CENTER > A free program,

the Anaconda Adult

Learning Center offers

adults and out of school

youth a chance to get

themselves prepared to

take the GED exam, brush

up on basic skills, prepare

a resume, etc.







Domestic Violence/Child Abuse Resources

- ADLC Victim-Witness Program
 - o Phone: (406) 563-4007
 - Address: 800 Main St.
 Anaconda, MT 59711
 A-DLC Courthouse, 1st Floor
- ❖ Aids people with petitioning the courts for orders of protection. The program assists victims of crime through the criminal justice system – this includes attending court hearings and trials with the victim, or for the victim, and relaying the information from court to victim. Victim— Witness Advocacy also compiles restitution information and prepares and submits a restitution report to the court. The advocate can attend forensic interviews, as well as assist victims of domestic violence in securing a safe location through Safe Escape and other places.

- GAL/CASA of Deer Lodge, Powell, and Granite Counties
 - o (406) 563-7972
 - P.O. Box 1179 Anaconda MT, 59711
- Anaconda GAL program is a nonprofit organization that advocates for the best interests of abused and neglected children who are under the protection of the Montana Third Judicial District Court. Based on the belief that children are entitled to a safe and permanent home, Anaconda GAL program works in the court system through specially selected, screened, trained, and supervised community volunteers. Collaboration with key agencies, legal counsel, and community resources, assuring every child a voice in the court process.



MONTANA

Domestic Violence/Child Abuse Resources

Safe Escape

Phone: (406) 498-6290Contact: Ed Silverstein

A project of the Rotary Club in Anaconda, Safe Escape will fill the gaps of the diminishing social programs that help families leave violent homes. Families often leave with no money and just the clothes on their back. Safe Escape will provide items such as clothing, furniture, school supplies, paper products, utility costs, dental care, childcare, travel, or transportation to a safe environment. Safe Escape works closely with the victim's advocate.

Safe Space

o Phone: (406) 782-9807

24 HR Crisis Line: (406) 782-8511

Safe Space's mission is to aid primary and secondary survivors of domestic violence and sexual assault, with the goal of breaking the inter-generational cycle of violence. Safe Space offers a domestic violence and sexual assault prevention and awareness program that assist victims and survivors. Either self or agency referral. Services include shelter for domestic violence or sexual assault - including child, self, and temporary pet boarding; 24hour advocacy and support – including on the scene response; emergency shelter, transportation, food, and clothing; weekly support groups; community education; providing emergency 911 cell phones; emergency financial assistance.



Family Support

- Anaconda Family Resource Center
 - o Phone: (406) 563-7972
 - Address: 307 E. Park Suite 203 Anaconda, MT 59711
- The Anaconda Family Resource Center's mission is to assure all families receive the basic skills, education, support, and encouragement necessary for the development of healthy families. They provide basic skills and support for families with year-round services that include a summer food program, in home services, anger and stress management, and peer resistance. CASA/GAL are also operated from Anaconda Family Resource Center.
 - Child Support Enforcement Division
 - o Phone: (406) 497-6600 or (406) 444-6856
 - Address: 2401 Colonial Dr., 1st Floor, Helena, MT 59620 P.O. Box 202943 Helena, MT 59602
 - CCSD's mission is to improve the economic stability of families through the establishment and enforcement of parental obligations. They provide the following child support services:
 - Locating parents
 - Establishing paternity
 - Establishing financial and medical support orders
 - Enforcing child support orders, including medical support orders
 - Modifying child support orders
 - Healthy Mothers, Healthy Babies
 - o Phone: (406) 449-8611
 - o Address: 318-320 N Last Chance Gulch #2C Helena, MT 59301
 - Website: <u>www.hmhb-mt.org</u>
 - The Healthy Mothers, Healthy Babies mission is to improve health, safety, and the well-being of Montana families by supporting mothers and babies aged 0 – 3.
 - Southwest Montana Prevention
 - o Phone: (785) 430-8829
 - Websites: www.parentingmontana.org, www.connectmontana.org, www.buttecares.org
 - Southwest Montana Prevention is an affiliate of Butte Cares and provides underage drinking and drug use prevention. They work with coalitions and the community to offer, and increase implementation of evidence-based practices, policies, and procedures.

Food Assistance

SNAP-Ed WORKS

Montana State University Extension Supplemental Nutrition Assistance Program-Education



THE CHALLENGE

75%

of Montana of Monta adults do not adults ar meet the overweig vegetable intake or obese of Montana youth do not participate in enough aerobic activity to meet

of Montana adults are overweight

Indian adults



MSU Extension Nutrition Education Program (SNAP-Ed)

Phone: (406) 994-2015

- Address: 235C Culbertson Hall Bozeman. MT 59717
- Website: <u>www.buyeatlivebetter.org</u>
- Supports low-income Montanans in making the healthy choice the easy choice through dual focus on nutrition and physical activity education and partnering with local and statewide organizations to improve policies, systems, and environments that support healthy behaviors.

THE SNAP-ED SOLUTION

TEACH

low-income youth and adults in the locations, online or in-person, that they eat, live, learn, work, play, and shop.

COLLABORATE

with community and statewide partners to leverage resources and increase program reach to eligible audiences, and continue to meet needs related to COVID-19.

EMPOWER

organizations and individuals to create changes in policies, syste and environments that make the healthy choice the easy choice.

THE RESULTS



classes where they learned about meal planning and healthy cooking Among the six participants, one young man who struggled with diabetes was driven to develop the skills he needed to take better care of himself and his loved ones. The classes improved his confidence to cook for himself and prepare healthier snacks."





www.buveatlivebetter.org - Nutrition Educator

- Project Care
 - o Phone: (406) 560-6065
 - Address: 1880 Harrison Aves Ste. 100 Butte, MT 59702
- Helps to provide a means for people in need to receive food, medicine, gas vouchers, medical assistance, Christmas dinner baskets, and help in emergency situations.



- Women, Infants, and Children (MC)
 - Phone: (406) 563-7863
 - Address: 115 W Commercial Ave Anaconda. MT 59711
- WC is a supplemental nutritional program designed to provide nutritious food for eligible families. The purpose of this program is to assist families with free food. Services are for resident in Anaconda Deer Lodge County. Women who have recently delivered a baby or are currently pregnant or breast feeding, parents of infants and children under 5 are eligible but must meet income criteria.

Government/Legal Assistance

- ❖ Human and Community Service Division/Public Assistance Bureau
 - o Phone: (406) 496-4914
 - o Address: 700 Casey St. Butte, MT 59701
- The mission of HCSD of the Montana Department of Public Health and Human Services is to support the strengths of families and communities by promoting employment and providing the assistance necessary to help families and individuals meet basic needs and work their way out of poverty.
- Self Help Law Center @ Hearst Free Library
 - Address: 401 Main St. Anaconda, MT 59711
- The library hosts an IT cart so people in the area can video conference instead of traveling to Helena for free legal assistance.

- Montana Legal Services Association
 - o Phone: (800) 666-6899
 - Website: www.mtlsa.org
- Montana Legal Services Association's mission is to protect and enhance the civil legal rights of, and promote systemic change for, Montanans living in poverty.



- ❖ Ben Krakowka ADLC County Attorney
 - o Phone: (406) 563-4019
 - Address: ADLC Courthouse, 1st Floor 800 Main St. Anaconda, MT 59711
- The County Attorney's Office is responsible for prosecuting both misdemeanor and felony crime which occurs within ADLC.

<u>Disclaimer</u> – The County Attorney's Office cannot represent individual citizens or employees and must only consider the civil liability issues of the county government itself.



Health Care Mental Health Care

- Community Hospital of Anaconda (CHofA)
 - o Phone: (406) 563-8500
 - Address: 401 W Pennsylvania St. Anaconda, MT 59711
- CHA has an extensive, talented medical community, featuring specialists in Family Practice, Pediatrics, Obstetrics, General Surgery, Neurosciences, Orthopedics, Emergency Medicine, Podiatry, Gastroenterology, Internal Medicine, Rheumatology, Endocrinology, and Oncology. This team of experienced medical providers offers specialized services in our own community, alleviating the practical challenges of traveling long distances to receive quality medical care.
- Southwest Montana Community Health Center
 - o Phone: (406) 563-0771
 - O Address: 110 Oak St Anaconda, MT, 59711
- The Southwest Montana CHC carries the mission to "Inspire Hope" and empower wellness by providing access to comprehensive healthcare. They offer primary medical, dental, behavioral health, and pharmacy services to everyone. The clinic is a mission-driven clinic guided by volunteer community members.
- Western Montana Mental Health Center, Tri-County Addiction
 - Phone: (406) 563-3413
 - Address: 307 E Park Ave. #211 Anaconda, MT 59711
- Provides comprehensive health services and housing options to people of all ages facing mental health and substance use disorders. We meet you where you are, and we do not turn away. We are here for those who need the kind of care that only we can provide, the way we provide it, where we provide it. We are here to provide access to hope, meaningful life choices, and better outcomes.

Shelter & Housing

Apartments:

- Georgetown Commons Apartments
 - o Phone: (406) 683-6582
 - Address: 215 E Pennsylvania Ave. Anaconda, MT 59711
 - Features 2- and 3-bedroom apartments.
- Hearthstone Inc.
 - o Phone: (406) 563-5232
 - Address: 400 Oak St. Anaconda, MT 59701
 - Full-time service coordinator available to help take advantage of all the services available to lowincome senior and disabled residents.
- Cedar Park Homes
 - o Phone: (406) 563-2921
 - Address: 10 Main St. Anaconda, MT 59711



Low-Income Housing

- Anaconda Housing Authority
 - o Phone: (406) 563-2921
 - Address: 10 Main St. Anaconda, MT 59711
 - O Website: www.anacondahousing.com
 - Non-profit corporation that provides low-income housing options for Anaconda, Montana.



Public Health & Human Services

Anaconda Deer Lodge County Department of Public Health



- Phone: (406) 563-7863
- O Address: 118 E. 7th St. Anaconda, MT 59711
 - Public Health is the community's leader in disease prevention. Public Health also provides educational programs that assist residents live healthy and active lives.

Tobacco Use Prevention



- o Phone: (406) 563-6792
- o Address: 118 E. 7th St. Anaconda MT, 59711
 - The Tobacco Use Prevention program focuses on educating youth regarding the dangers of tobacco use through presentations at schools, youth facilities, and active youth activities.

ADLC Public Health Breastfeeding Group/Lactation Consultant



- > Phone: (406) 563-6792
- O Address: 118 E. 7th St. Anaconda MT, 59711
 - The breastfeeding support group meets the last Monday of every month at 1:00pm.
 Services are for infants and their moms.
 Home visits are available.

Alcoholics Anonymous (AA)



- O Hotline: (888) 607-2000
- o Website: www.aa.org
 - AA is a 12-step recovery program for anyone wishing to stop drinking. Meeting times and locations vary. Call or visit website for additional information.